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## 3 Mistakes to Avoid if You Want to Thrive During Changing Circumstances

Ronda Renée, bestselling author of *Overcoming the Challenges of Change says: "There are 3 mistakes to avoid if you want to thrive during times of change."* 

- 1. Resisting the change
- 2. Trying to recreate the past
- 3. Not seeing the change for what it is

Ronda's ADAPT Formula Allow Discover Accept Participate Transform

**RONDA RENEE** is the bestselling author of *Overcoming the Challenges of Change*. She earned her PhD in change from the school of hard knocks when, during a 5-year period, she got divorced, got laid-off, lost her home to foreclosure, went bankrupt, changed careers and was the primary caregiver for her father during a terminal illness.



A Spiritual Self-Help Guide for Transforming Uncertainty into Possibility



"Change is the law of life. And those who look only to the past or present are certain to miss the future." ~ John F Kennedy



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